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MYC Welcome Letter Summer 2023



What should I Bring?

- 1. A water bottle.
- **2.** Always wear sneakers.
- **3.** Sunscreen.
- **4.** You may bring a change of clothes if you feel necessary.
- **5.** On swim days youth must bring Swimsuit, towel, and sandals.
- **6.** Breakfast, Lunch, & Snack if you do not like what is on the menu. (We do not reheat meals.)

What should I plan for?

- 1. Swimming on Fridays.
- 2. Trips to park when weather permits.
- Breakfast, Lunch, and Snack Provided.

Who to Contact?

Lucas Bermudez

E-MAIL: lbermudez@mv-ymca.org

PHONE: (781) 661-8809

Weekly Themes:

Week 1: Welcome Summer

GETTING TO KNOW YOU

Social Responsibility: Pool Safety

Week 2: Nature Week

Social Responsibility: Bus Safety

Week 3: Mystic Olympics

Social Responsibility: Friendship

Week 4: Mystic Heroes

Social Responsibility: Fire Safety

Week 5: STEAM Week

Social Responsibility: Inclusion

Week 6: Diversity Week

Social Responsibility:

Sportsmanship and Healthy Living

Week 7: Adventure Week

Social Responsibility: Internet Safety

Week 8: Storybook Week

Social Responsibility: Reduce, Reuse,

and Recycle

Week 9: Pop Culture Week

Social Responsibility: Caring for

Animals

Week 10: MYC's Got Talent

Social Responsibility: Respect

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General Information

- All staff are First Aid and CPR certified.
- All staff are 51-A Mandated Reporters.
- All camps are increasing their hand washing capabilities as well as the frequency of cleaning, sanitizing, and disinfecting of their facilities and equipment.
- Always before breakfast, lunch, and snack.
- Hand sanitizer will be available for when hand washing is not possible.
- All required paperwork must be submitted before the camper's first day in attendance. Due to the increased check-in procedures, no paperwork can be accepted at drop-off.
- Physical and immunizations can be dropped off at 30 Forest St. Medford, MA. All updated physical and immunizations must be submitted no later than the end of business the Wednesday prior to your child attending camp. If this is not provided, you will be contacted, and your child will be removed from the next session. This includes medication consent forms if required.
- A parent/guardian or emergency contact must be able to get to the camp site within 30 minutes in the event that camper pickup is required.
- Class dojo will be used this Summer for updates and communication.
- Program will be closed 7/4.
- Regulations and procedures are subject to change at any time.
- Although we provide breakfast, lunch, and snack we suggest for the first week you send your child with lunch. This allows the child a chance to sample the YMCA lunch options.
- Please apply sunscreen prior to program and send children with sunscreen to reapply.
- Children should attend everyday with sneakers on or packed to fully enjoy all that camp offers.
- Enrolment for the next week closes the Thursday before. For Example; you
 must be signed up Thursday (the 23rd) to attend Monday (week of the
 27th).

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Drop Off & Pick Up

- Drop off is between 7:30am 9:30am
- If you are picking up your child early please let us know ahead of time!

Group/Cohort Information:

- Counselors will remain with their group for the entirety of each day and week of camp.
- The Camp Program will operate from 7:30am to 6pm Monday-Friday.
- Starting the last week of June (26th) groups will be swimming every Friday
- Children need to wear flip flops or crocs while at the pool, sneakers cannot be worn on the pool deck. Please send children with flip flops or crocs even if they are not swimming, so they can sit at the pool deck.

COVID-19 Symptoms & Response:

- Symptoms include but are not limited to; fever (100.0 degrees or greater), shortness of breath or difficulty breathing, cough, chills, muscle pain, sore throat, new loss of taste or smell, nausea, vomiting and diarrhea.
- If your child becomes symptomatic at camp:
 - An isolation space will be used to separate them from the rest of their cohort. Personal Protective Equipment (PPE) will be provided if necessary. The child will be supervised by camp staff.
 - A parent/guardian will be contacted immediately and will need to arrange pick-up within 30 minutes of receiving the phone call.
 - While the camper is awaiting pick-up, appropriate activities and/or rest space will be provided.
 - If your camper is sent home with COVID-19 symptoms, or come in contact with someone with these symptoms, they may be required to quarantine for 5 days before returning to camp.
 - These guidelines are subject to change at any time based on updated camp regulations set forth by the EEC.